

# Town of Greensboro, Vermont

## Appropriation Request Application — Fiscal Year 2027

(for submission to the Greensboro Selectboard / Budget Committee)

Submission deadline: Thursday, December 1, 2025

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### Authority under Vermont State statute:

The authority for making appropriations for social service agencies is in 24 VSA § 2691 as follows:

*At a meeting duly warned for that purpose, a town or incorporated village may appropriate such sums of money as it deems necessary for the support of social service programs and facilities within that town for its residents. Social service programs, for which a town or incorporated village may appropriate sums of money, include, but are not limited to: transportation, nutrition, medical, childcare, and other rehabilitative services for persons with low incomes, senior citizens, children, disabled persons, drug and alcohol abusers, and persons requiring employment to eliminate their need for public assistance. The authority herein granted is not in derogation of other local powers to allocate funds.*

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### Section A: Organization / Applicant Information

1. Name of Organization/Agency: Northeast Kingdom Council on Aging
  2. Mailing Address: 481 Summer St. Suite 101, St. Johnsbury, VT 058
  3. Physical Address (if different): Same
  4. Contact Person / Authorized Representative: Melinda Martin
  5. Title / Role: Director of Communication & Development
  6. Telephone: 802-748-5182
  7. Email: mmartin@nekouncil.org
  8. Website (if any): www.nekcoa.org
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### Section B: Request Summary

9. Amount of Appropriation Requested: \$ 1000.00

10. Purpose / Program(s) for which funds will be used:

Support Older Vermonters by ensuring they can remain safe, healthy, and independent in their own homes. Funding helps to provide services such as home delivered meals, case management etc and connect to resources like 3Sq VT.

11. Is this a new request or a renewal / continuation?  New  Renewal / Continuation

NOTE: New requests must be accompanied by a petition signed by 5% of Greensboro registered voters. Contact the Town Clerk for more details.

12. If renewal / continuation, amount received in FY 2026 (or most recent year):

\$ 1000

13. If requesting an increase, please explain reason(s) for the increase. Note that only in unusual circumstances will requests for increases be granted.:

no increase at this time

### Section C: Service Area & Beneficiaries

14. Geographic area served (town, region, etc.): Caledonia, Essex, and Orleans Counties

15. Approximate number of individuals served in the last full year: 4,810

16. Of those, how many were Greensboro residents? 62

17. Types of services provided (check all that apply):

Social services (food, counseling, transportation, etc.)

Youth / children's programs

Senior / elder services

Cultural / arts / historic

Environmental / conservation

Other: \_\_\_\_\_

18. Describe how Greensboro residents benefit from your services:

Greensboro residents benefit through direct access to personalized support that helps them age with dignity at home. Our team provides home-delivered meals, case management, caregiver support, transportation coordination, + connection to vital resources such as fuel assistance, Medicare guidance, and 3SQRVT - ensuring neighbors receive the help they need.

**Section E: Financial Information & Budget**

19. Total operating budget of your organization (last full fiscal year): \$3,931,963

26. Do any funding sources require a municipal match or other local commitment?

Yes  No

If Yes, explain:

\_\_\_\_\_

**Section F: Reporting, Oversight & Accountability**

28. If your organization has received municipal appropriations from Greensboro before, provide a report or summary of how those funds were used (attach as appendix).

29. Person(s) responsible for oversight and compliance within your organization:

Name: Meg Buermeister / Title: Executive Director

Contact: 802-748-5182

**Section G: Certification & Signature**

I hereby certify that the information in this application is true, accurate, and complete to the best of my knowledge. If funds are granted, I agree to use them for the stated purpose(s) and to provide the required reports and oversight to the Town of Greensboro.

Signature: Melinda Martin

Name (printed): Melinda Martin

Title / Role: Director of Communication + Development

Date: 12/1/2025

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**Section H: Attachments (please indicate those included)**

(Only for requests of \$500 or more)

- Audited financial statements (most recent year) or if no audit was conducted, financial statements prepared by the organization
- Organizational annual report or summary
- Letters of support or endorsements, if helpful

## Appendix A – Use of Prior Greensboro Appropriation

In FY2025, the Northeast Kingdom Council on Aging received **\$1,000** from the Town of Greensboro. These funds directly supported a wide range of essential services that help older adults age safely and independently in their own homes. Support from Greensboro helped provide home-delivered meals with daily wellness checks, personalized case management for individuals navigating complex health and financial challenges, caregiver support services, wellness and fall-prevention programs, and access to vital assistance such as fuel support, Medicare counseling, housing guidance, and 3SquaresVT enrollment.

These programs are often life-changing for older neighbors who face isolation, food insecurity, chronic health conditions, transportation barriers, and a rapidly growing cost of living. Every dollar contributed by Greensboro is invested locally ensuring that older residents receive the care, resources, and advocacy they need at the moments they need it most. Your continued support strengthens the fabric of our community and reflects the Vermont value of *neighbors helping neighbors*, making it possible for older adults to thrive with dignity, safety, and connection.

November 15, 2025  
81 Laudedon Ave. P O BOX 119

GREENSBORO, VT 05841

Dear Residents of Greensboro

The Northeast Kingdom Council on Aging is honored to support older Vermonters in Greensboro and throughout the Northeast Kingdom as they age with dignity, independence, and connection. Thanks to the commitment of our communities, we were able to make a meaningful impact throughout Fiscal Year 2025.

Over the past year, we were privileged to support 4,810 unique older Vermonters across the Northeast Kingdom, including 62 of your neighbors right here in Greensboro. Together, we achieved the following:

- Delivered 151,099 Home-Delivered Meals to older adults who rely on daily nourishment and safety checks
- Answered 4,136 calls through our statewide Helpline (800-642-5119), connecting people with fuel assistance, Medicare support, housing resources, crisis intervention, and more
- Provided personalized guidance and advocacy through 577 case-managed individuals, helping older adults remain safely in their homes with the dignity they deserve

### **Neighbors Helping Neighbors**

Winter in the Northeast Kingdom is beautiful—and brutal. Many older adults face the heartbreaking choice between heat and food, a decision no one should ever have to make. Our Fuel Assistance support prevents medical emergencies, protects older Vermonters from dangerous cold, and ensures dignity through the harshest months of the year.

Community matters. Compassion matters. And every story matters. When we stand together, no one struggles alone.

Thank you for supporting your neighbors and strengthening the spirit of Vermont community life.

If you have questions or would like more information, please contact: Melinda Martin, Director of Communications & Development at [mmartin@nekcouncil.org](mailto:mmartin@nekcouncil.org) • (802) 748-5182

With deep gratitude,

*Meg Burmeister*

**Meg Burmeister, Executive Director**

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*Meg Burmeister*

**Meg Burmeister, Executive Director**

November 15, 2025

## Town of Greensboro

81 Lauredon Ave. P O BOX 119  
GREENSBORO, VT 05841

Re: **FY2026 Appropriation Request**

Dear **Kim Greaves** and Members of the Selectboard:

The Northeast Kingdom Council on Aging respectfully requests continued financial support from the Town of Greensboro to assist older residents in living safely, independently, and with dignity in their own homes and communities.

In **FY2025**, the Northeast Kingdom Council on Aging supported **62 older adults in Greensboro**, providing **59 service interactions** that connected individuals with resources such as fuel and food assistance, Medicare guidance, case management, transportation coordination, caregiver support, and evidence-based wellness programs. Through our network of nutrition partners, we also coordinated **3126 home-delivered meals**, ensuring that our older neighbors received nutritious food and critical daily safety checks.

Every day, older residents of Greensboro reach out to us through our **Statewide Helpline (1-800-642-5119)** seeking support during moments of need. Our staff and volunteers respond with compassion, urgency, and respect—ensuring that no older Vermonter is left without assistance.

As demand for services continues to grow and the cost of essential supports increases, the Town's partnership is vital. We respectfully request \$ 1000 in municipal funding to maintain and strengthen services for older adults in Greensboro.

Thank you for your thoughtful consideration and for your continued commitment to supporting your older neighbors.

Sincerely,



**Meg Burmeister**

Executive Director, Northeast Kingdom Council on Aging

**Questions or Additional Information: Melinda Martin**, Director of Communications & Development

mmartin@nekouncil.org • (802) 748-5182

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# NORTHEAST KINGDOM Council on Aging



*New directions for living well.*

## Heartfelt Connections: Real Stories, Real Impact



Pictured above are Marci Diamond, MPA, performer, teaching artist, and creative aging facilitator, who brings movement, laughter, and imagination to older Vermonters through Under the Big Top—a joyful circus-themed arts program at Sunrise Manor in Island Pond—and with her is the fabulous J.T. Turner.

# 2025 Annual Report

## A Letter from Leadership



Meg Burmeister, Executive Director

As we look back on the year, it has been one of growth, challenge, and gratitude. We are in awe of our incredible team—dedicated professionals who work every day to help people across the Northeast Kingdom age with dignity, independence, and support.

The world continues to move quickly around us, with shifting policies and growing needs. Yet our focus remains steady—serving older Vermonters with compassion, skill, and integrity.

This year brought several major initiatives. We completed a transition year with the Vermont Department of Aging and Independent Living to meet new federal regulations for Conflict-Free Case Management. Simply put, agencies can no longer provide both direct services and case management to the same client, to avoid conflicts of interest. Through this process, NEKCOA took on more than 250 new clients, expanding our reach and reaffirming our commitment to those who depend on us.

Our State Health Insurance Program (SHIP) also saw record demand. Calls and appointments surged as Vermonters navigated the ever-changing landscape of Medicare. Thanks to the creativity and teamwork of our staff, we expanded our capacity—offering four enrollment clinics that helped nearly 450 people understand their options and make informed choices.

We also completed our new Area Plan for 2026–2029, developed through months of community engagement and feedback. This plan serves as a roadmap for our next four years, outlining priorities that reflect the real needs and hopes of older Vermonters.

Our participation in the Vermont Aging Network Consortium (VANC) continues to bring shared opportunities for growth and innovation. With two new federal grants, we've been able to explore infrastructure upgrades, data modernization, and ways to strengthen access to services while controlling costs—ensuring sustainability for years to come.

The year ahead will bring transition as I prepare to retire from my role as Executive Director. I am confident that NEKCOA's next chapter will be defined by the same heart, collaboration, and excellence that have always guided this agency. The Northeast Kingdom is in good hands—with an extraordinary team ready to continue this important work.

With gratitude, Meg Burmeister - Executive Director

## Heartfelt Connections: Building a Vermont for All Ages

Every story shared through the Northeast Kingdom Council on Aging reminds us that connection is at the heart of what we do. Through guidance, meals, care, and compassion, we help Vermonters live with dignity and independence—right where they belong, in their own homes. Therese knows firsthand how vital that support can be. With guidance from her case manager, Carol, she was able to care for her husband at home until he passed. “We got so much support from the Council on Aging,” she said. “Even after he was gone, they kept helping me. I’m glad I’m not alone.”



Chuck is one of many Vermonters whose life has been strengthened through NEKCOA’s case management services. His case manager helps coordinate the care and support he needs to stay safe and independent. “I don’t know what I’d do without them,” he shared. “They make sure I’m doing okay.” Across the Northeast Kingdom, these stories share one truth: when we care for one another, we build a Vermont for all ages. Because at NEKCOA, every story matters—and every story helps someone stay right where they belong, in their own home.

### Bridging the Gap

We’re pleased to welcome Kim Rivard as our new Transitions Coordinator. After years as an Information & Referral Specialist, Kim brings strong experience connecting older Vermonters with needed resources. Her impact is already clear—Heidi Jeffrey, RN, CCC at the Danville Health Center, calls her role “a game changer,” noting how Kim’s quick guidance helps patients get support more efficiently. Kim now bridges hospitals, doctor’s offices, and home to ensure smoother, coordinated referrals.

### Helpline

**1-800-642-5119**

#### SAINT JOHNSBURY

481 Summer St., Suite 101  
(802) 748-5182

#### NEWPORT

5452 US Rt 5, Suite A  
Derby Times Square  
(802) 334-2190

Island Pond Health Center  
82 Maple St.



Hardwick Health  
Center  
4 Slapp Hill Rd

# NEKCOA

## Leadership and Team

### Executive Leadership

Meg Burmeister, Executive Director

### Program Directors

Andrea Labor – SHIP Regional Coordinator

Herbert Will – Director of Nutrition

Karen Desrochers – Director of Client & Caregiver

Team Support

Melinda Martin – Director of Communication & Development

Emily Sanderson - Volunteer Coordinator

### Information & Referral

Dawn Mitchell – Information & Referral Specialist

Kevin Driscoll – Information & Referral Specialist

Kimberly Rivard – Transition Coordinator

### Administrative, Technical & Legal Support

Brooke Brown – Data Coordinator

Haleigh Gould – Administrative Assistant

Rodi Lessard – IT & Helpdesk Coordinator

Kendra Noyes – Fiscal / Benefit Coordinator

Neil Glassman – Technology for Today Volunteer Coordinator

John Riley – Financial Manager

Ray Abramson, Esq. – Legal Counsel

### Care & Support

Carol Smith – Case Manager

Christopher Trottier – Case Manager

Dori Mallett – Case Manager

Felicity Norko – Options Counselor

Jessica Bussiere – Case Manager

Joann Sesholtz – Case Manager

Kimberly Emery – Dir. of Care & Support

Linda Caamaño – Options Counselor

Lucy LeMay – Director of Care & Support

Lynne White – Case Manager

Mackinnley Wright – Case Manager

Maria Dunlavey – Case Manager

Marie Cargill – Case Manager

Melissa Noyes – Case Manager

Olivia Palermo – Case Manager

Sage Conrad – Case Manager

Tara Young – Case Manager

### Board of Directors

Ross Farnsworth – President

Michele Garges – Vice President

Evan Hammond – Treasurer

Nancy Hogue – Secretary

Debby Dorsett

Erin Kelly

Terri Schoolcraft

Phyllis Mitchell

Shawn Hallisey

Mark Beattie

### Board Transitions and Remembrances

We extend our heartfelt gratitude to Nancy Hogue and Evan Hammond, who are retiring from the Board of Directors after years of dedicated service to the Northeast Kingdom Council on Aging. Their commitment, leadership, and care for our mission have strengthened NEKCOA in countless ways.

We also honor the memory of Hank Cheney, a cherished board member whose sudden passing was deeply felt by all who knew him. Hank's kindness, generosity, and belief in supporting older Vermonters will long be remembered.

Each of these individuals has left a lasting mark on our organization and community. They will be deeply missed and



# Translating Needs into Action (with Partners)

## Case Management

Person-centered plans developed with clients and their support teams (hospitals, medical providers, community action, mental health agencies)

## Public Outreach & Education

Rural-focused communications using newspapers, radio, town officials, libraries, community centers

## Therapeutic Meals

Training for meal providers, education for recipients (meal sites, NEKCOA dietitian, newsletters)

## Transportation Solutions

Collaboration with RCT, volunteer driver programs, exploring alternative funding sources and transportation options

## Wellness Programs

Increase evidence-based classes with volunteer leaders and community spaces



## Sharing Homes, Building Community

We are excited to welcome a new partnership with HomeShare Vermont, an organization that has helped Vermonters share homes and spaces for over 40 years. Although HomeShare Vermont has primarily served the Burlington area, they are now expanding into the Northeast Kingdom—with NEKCOA adding 10 new case managers to help make matches locally. This partnership bridges generations, supports affordable housing, and helps us continue building a Vermont for all ages.

*Thank You*



## Humanitarian Hero: Golden Ball Tai Chi

We are proud to recognize Golden Ball Tai Chi for 20 years of bringing balance, strength, and connection to older adults across the Northeast Kingdom. What began as a small group practice has grown into a lasting community tradition—one that continues exactly as it was first taught. Thanks to the dedication of local instructors and participants, this ancient art remains a source of wellness, friendship, and calm for Vermonters of all ages.

33,416.75 hours donated by our 347 volunteers! That is the equivalent of 16 full time jobs!

## Humanitarian Hero: Oz Henchel

We are proud to recognize Oz Henchel for his extraordinary dedication to the Glover Meal Site. Oz goes above and beyond every single day—helping wherever help is needed, lending a hand to staff and volunteers, and ensuring that older Vermonters are nourished and cared for. His kindness, reliability, and selfless service embody the very best of community spirit. Oz's efforts remind us of what it truly means

Andrea Robertson  
 Anne Woods  
 Arthur & Judith Henchel  
 Dzzie &  
 Kathleen McIntyre  
 Barbara &  
 Laurence Thompson  
 Barbara Perreault  
 Betty Chouinard  
 Bonnie Lotspeich  
 Carlotta Hayes  
 Carol Novick  
 Carol Wenmark  
 Catherine Blodgett  
 Cathy Reinstein  
 Charles &  
 Catherine Grant  
 Charlotte Vinal  
 Chris and Phil Wolf  
 Christopher Martel  
 Clifford Whitehill  
 Conrad Masse  
 Constance Nixon  
 Daniel Woodbury  
 David Gile  
 Debra Vogini &  
 Bruce Courtot  
 Dennis Kelley  
 Donna Otto  
 Donna Willoughby  
 Edwin Morley  
 Eileen Boland  
 Elaine Gendron  
 Eliza Burnham  
 Ellen Graveline  
 Franny Seguin  
 Frederick Saar  
 Gerald West  
 Greg Hahr  
 Henry & Karen Cheney  
 Irene and John Badger  
 Jackie Hackett  
 James & Linda Labounty  
 James & Nancy Scherer  
 James & Marilyn A. Crowe  
 Janet Long  
 Janet Slifka  
 Jeannine Berard  
 Jeff & Ellen Gold  
 Jennifer Daigle  
 Joe Daggett  
 Joan and Ralph Bissell

Joan Sanborn  
 Joan Wollrath &  
 Christine Frost  
 Jodi Lessard  
 John C & Karen Miller  
 Judith Harbaugh  
 Kara Ramsdell  
 Karen Gordon  
 Karen Jones  
 Karen Martel  
 Karen Sherman  
 Karen Szely  
 Kathleen Hemmens  
 Kathryn Meacham  
 Kay Hopkins  
 Kenneth &  
 Gretchen Hammer  
 Kenneth &  
 Janet Johnson  
 Kenneth Beattie  
 Kenneth Williams  
 Kristine Lance  
 Laura Berard  
 Laural Ruggles  
 Lauren Jarvi  
 Laurie Lakin  
 Leonard &  
 Beulah Griffes  
 Lillian Fortin  
 Linda Lee  
 Lisa von Kann  
 Lise Hackett  
 Lorraine Norris  
 Louise Rader  
 Lynn Angebrannt  
 M. Elizabeth Migalti &  
 Gael Migalti-Hanna  
 Madeleine Roy  
 Margaret Sparrow  
 Mariel Hess  
 Marilyn Broome  
 Mark Hegarty  
 Martha Elliott  
 Mary Ellen Reis  
 Mary Jane &  
 Fred Miller  
 Mary Jane Morrin  
 Merle Thompson  
 Michael &  
 Jeanine Greenleaf  
 Michael Paine  
 Michael Tomaszewski

Michele Garges  
 Mollie Chamberlain  
 Monica Holcomb  
 Mr. Edward Arnold  
 Mr. George Valentine  
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 Richard & Shirley Mae  
 Chaffee, Jr.  
 Richard Ennis  
 Richard Keenan  
 Richard Reed  
 Rob & Jenn Rusher  
 Robert &  
 Kristina Hoppe  
 Robert Morency  
 Robert Page Jr  
 Roberta Horowitz  
 Robin Rothman  
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 Sharon Blomquist  
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 Susan and John Gordon  
 Susan Scott  
 Susan Vazakas  
 Twila Dawn Perry  
 Valerie A. Rooney  
 Vicki Giella  
 W.C. Evans  
 Wayne Young  
 Wendy Stein &  
 Mark Bowen

## Our Top Donors

THE  
*Rona Jaffe*  
 FOUNDATION



**AARP**  
 Vermont



*Thank  
 You*

AARP Vermont  
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 Retired Teachers  
 Wilson Plumbing &  
 Heating  
 Aire's Home Comfort  
 Cleaning  
 Columbia Forest Products  
 Country Styles  
 Donald D. Dahlin,  
 D.S.  
 First Congregational  
 Church - Christian Ed  
 ward  
 Fraternal Order of Eagles

Green Mt Power  
 Community Fund  
 Law Office of James V.  
 McFaul, P.C.  
 Little Red Wagon  
 Machejeski-Labounty  
 Fidelity Charitable  
 Modern Furniture  
 Moose River Lake &  
 Lodge  
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 Union Bank  
 VT Mutual Insurance  
 Company  
 Washington Electric  
 Cooperative  
 West Danville United

**Northeast Kingdom Council on Aging**  
**Year Ended September 30, 2025 – Preliminary Results**

**Revenue Sources**  
**Federal Funds (FY25)**

Older Americans Act .....	\$959,430
Nutritional Services Incentive Program .....	\$81,156
Long Term Medicaid (CFC) .....	\$1,066,794
Other Programs .....	\$625,717
<b>Total Federal Funds .....</b>	<b>\$2,733,097</b>

**State of Vermont Funds**

General Funds .....	\$721,000
State Health Insurance Program .....	\$63,698
Dementia Respite .....	\$19,884
Other Programs .....	\$212,081
<b>Total State Funds .....</b>	<b>\$1,016,663</b>

**Local Funds**

Participant Contributions .....	\$1,016
Town Funds .....	\$59,370
General Donations .....	\$61,981
Other Funds .....	\$44,661
Gain on Investment .....	\$15,775
<b>Total Local Funds .....</b>	<b>\$182,803</b>
<b>Total Support and Revenue .....</b>	<b>\$3,932,563</b>

**Program Expenditures**  
**Client Direct Services**

Case Management .....	\$1,314,823
Caregiver Services .....	\$224,311
Legal Assistance .....	\$37,836
Information & Assistance .....	\$229,242
State Health Insurance Program .....	\$75,660
Other Programs .....	\$252,065
<b>Total Client Direct Services .....</b>	<b>\$2,133,937</b>

**Independent Living Services**

Home Delivered Meals .....	\$1,379,794
Congregate Meals .....	\$132,176
Specific Assistance .....	\$59,223
Other Programs .....	\$226,833
<b>Total Independent Living .....</b>	<b>\$1,798,026</b>